

Twisted Sister Line Dance

4 Wall Line Dance: 32 Counts. Beginner/Intermediate
 Choreographed: C. J. Evans, Gail McKenna July 2006
 Choreographed to: 'Dance' (146 bpm) by Jeffrey Steele, 'Outlaw' CD

Walk forward, ½ Turn Right, and Walk Forward
 1-4 Walk forward left, right, left with unweighted right stomp.
 5-8 ½ turn right, walk forward right, left, right, weighted left stomp.

Traveling Sugarfoot with Stomp x 2
 1-4 Touch right toe, heel, toe, next to left foot, with weighted right stomp.
 While left foot is traveling to right; heel, toe, heel.
 5-8 Touch left toe, heel, toe, next to right foot, with weighted left stomp.
 While right foot is traveling to left; heel, toe, heel.

Turns
 1-4 Step forward right, ½ pivot left. Step forward right ¼ pivot left
 5-8 Step forward right ½ pivot left, reverse direction ½ turn, weight right foot; continue ½ turn right and step back on left foot

Shuffle, Rock, Vine
 1-4 Side shuffle right, rock back on left, forward onto right
 5-8 Vine left with weighted right stomp.

Tag
 1+2, 3+4 Double right hip bumps, double left hip bumps.
 4-8+ Roll hips counter clockwise; right, left, right, left, weight ending on right foot.

Sequence
 Walls 1, 4, 7, dance only first 28 counts, wall 8, add tag.
 28, 32, 32, 28, 32, 32, 28, 40, 32 to end of song

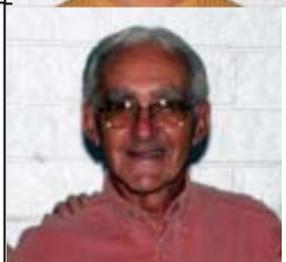


Line Dance Lessons
 Wednesdays & Thursdays
 7:00 - 8:00



Wayne Learned

Two Step Lessons
 Thursdays
 7:00 - 7:30

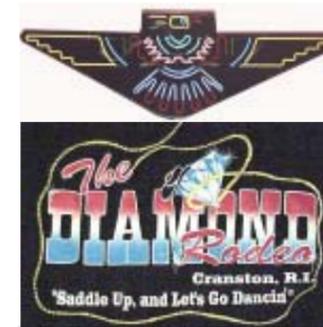


Joe Macera

Friday - Line Dance Lessons at 7:00 with Gail McKenna
 Cat Country Dance Party Night Every Friday
 Saturday - Line Dance Lessons at 7:00 with Gail McKenna



**Fridays & Saturdays
 Gail McKenna**



Side - Bar
 Comments

Club Hours

Wednesday 7 PM - 1 AM
 Thursday 7 PM - 1 AM
 Friday 7 PM - 1 AM
 Saturday 7PM - 1 AM

MARDI GRAS

1500 Oaklawn Ave.
 Cranston, RI
 (401) 463-3080

Wednesdays, Fridays and Saturdays
 Free Line Dance Lessons
 Fri - Gail McKenna
 Wed - Wayne Learned 7 - 8 PM
 Thursday
 Two Step Lessons 7:00 - 7:30 with Joe Macera
 Line Dance Lessons with Wayne Learned 7:30 - 9:00

This newsletter can be viewed on line at www.mikeponte.com



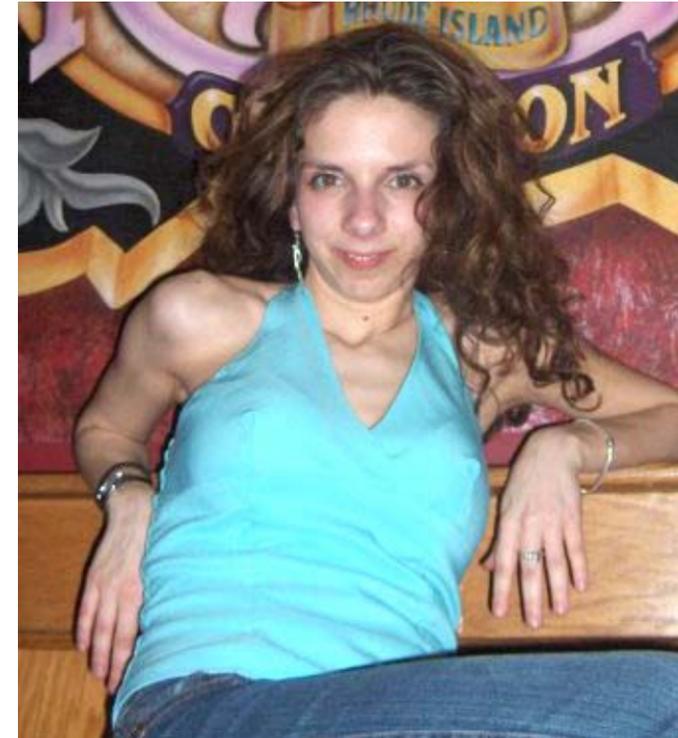
Quick Quick... Slow Slow



Diamond Rodeo Newsletter - Editor, Layout & Photos: Michael Ponte
 Facilitator: Joe Macera

August 2006

Always wanted to be a cowgirl.



Marlena Gervelis

I was never really a big fan of country. Yet, since I was a little girl I would tell my mom that I wanted to be a cowgirl when I grew up. I was seven years old at the time. Twenty years later I have become one at heart. I started coming to the Diamond Rodeo a little over a year ago. One of my friends introduced me to the Diamond Rodeo. I still remember how everything looked at first sight. We sat on the stools near the wall of the DJ booth and watched people on the dance floor dance in-sync. It was very cool to watch. One of the first dances I learned was Redneck Stomp

which I learned outside on the patio. That is one of the nice things...if you do not know a dance you can learn it outside on the patio before dancing it on the dance floor. Then I found out there were lessons that were given Wednesday through Saturday. I was psyched. I was now officially hooked!! So I would come to the Wednesday and Thursday night lessons with my friends. It was great to learn and make fools of ourselves with everybody else that was learning. Once you learn the beginner dances, such as Redneck Stomp, Country Walkin, and Dead End Road, you want to learn more of the challenging ones.

Some of my favorite advanced dances are Walk the Line, Chicken with the Train, Hot Tomale, and Backstreet Attitude. Love them! Along with line dancing I enjoy dancing the couple dances. Especially Shooters, Trashy Woman, and The Shadow. One thing I really look forward to is two stepping. It is always different. Sure, it is always 'quick quick slow slow' but turns, spins, and all that jazz spices it up and it is a whole lot of fun. I am so addicted to country dancing that I went through withdrawals last summer. I was in Boston for two weeks singing in an opera workshop. On my breaks from rehearsals I would line dance in the courtyard. Fortunately one of my friends knew a couple of the dances and joined me. Sometimes a girl's got to do what a girl's got to do. I have lived in Rhode Island practically my whole life and I would hear the ads on the radio for Mardi Gras but never came. It is definitely unlike any club I have been to. I've always gone clubbin' downtown and the atmosphere alone at Mardi Gras/Diamond Rodeo is different. But the one good thing about the Diamond Rodeo is the people are friendly. If you do not know a dance someone is always there to help you out. Friendships and relationships are formed. It is just a great place to have a few drinks, dance, and hang out with your friends.

Marlena Gervelis

The Diamond Is Timeless!!

If truth would have it said..there's no place this side of the Mississippi quite like the diamond! This hardwood welcomes all who choose to chase a country dance mood! Patronage has never dwindled nor wandered far from its ambiance. Thanks to the dedication of so many unsung employees, its draw just keeps `em comin'. Dance enthusiasts from near and far come with anticipation..never to be disappointed and soon become regulars.

Born to teach dance instructors make dance life easy and appealing even to those who fear the limelight and dance competition! The presence of bar stool regulars contribute to making one almost feel the comfort of home.



Esther Scittarelli

To say that some boots have put lots of mileage on this hardwood is an understatement! Is it no mystery that some patrons have grown up on this dance floor..not to mention, that some of us have grown older on it!

It all goes to show that the Diamond Rodeo is timeless! We do owe a debt of sincere gratitude to owner, John Reedy for affording us the pleasure of this country dance facility to run to, to invest our social time out!. Wouldn't ya say?? Sincere thoughts..

Esther Scittarelli

The Flow of Dance

Ever wonder why the flow of dance is counter clockwise? There are several stories that attempt to explain it. Some suggest that back in the days of cowboys and indians, the warriors would have their pow wow's dancing counter clockwise. This took them back in time to their adventures, victories in war and before they had life, back when they were pure. Some say its to look back, take reflection of our lives.



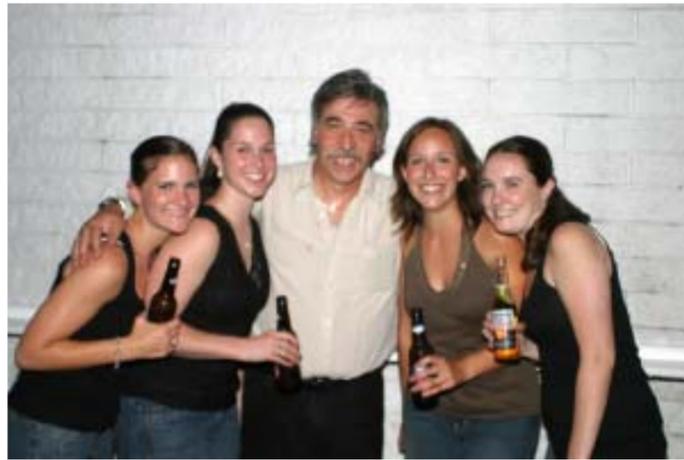
Albert Foster

Cowboys have said that the male Buffalo would circle the heard in a counter clockwise direction looking for strays and protecting the females. Mike and Bill say its so they can catch you in the most awkward facial and body positions so they can post the pictures so we all have a laugh. Good job guys, we appreciate the time and effort that is put into the club photos.. Adios Amigo

Albert Foster



 **Chris Whitten**
Cat Country 98.1



Bill's Corner



William H. O'Brien III

Hello to all,
I have been line dancing since 1998 and when I first started it looked real scary because I didn't know any dances just like those of you starting out for the first time. However, I had a method to my madness to participate in all the lessons and too just get out there and line dance. Of course I messed up, but you know, it's funny when you mess up because every body else has been there and we still mess up, but.....don't give up, keep going. Another line dance subject that I want to touch on, when you learn to line dance, it's normal to




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take big steps, however, it takes longer for you to get to the next step and it's a lot more energy, if you take smaller steps, line dancing becomes easier and better for you and a lot less energy to keep up with the steps. Stay within your square. But I have to credit those who are just starting out line dancing, these people are so eager to line dance, it's great to see. You need to start out with beginners only and work your way up. When I first started I dedicated 6 months to line dancing lessons. When there were lessons, I was there. I gave myself Tuesday and

Thursday's off, otherwise, I was on the dance floor, and again.....I was told to take short steps and it worked....I danced better. I credit the instructors past and present for what I know now. I look forward to these newsletters, I want to thank Mike Ponte and those involved in putting it together, great job. Ok, that's it from the corner, until the next newsletter, see you on the dance floor.

"END OF DANCE"
www.members.cox.net/w1pro

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Bengal & Siamese



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